

SOUL POWER TWIST

Choreographed by Barbara Seelt (NL)

In collaboration with the Western Experience On-linedance

Level: Beginner

Description: 32 count, 4 wall

Music: 'Soul Power Twist' by Martijn vd Kolk / MCA

Dance starts after 32 counts just before lyrics

1-8 SHUFFLE, ROCK STEP, ROCKING CHAIR

- 1&2 Step RF to R, close LF next to RF, step RF to R
- 3, 4 Rock LF behind RF, recover weight on RF
- 5, 6 Rock LF L diagonally forward, recover weight on RF
- 7, 8 Rock LF behind RF, recover weight on RF

9-16 SHUFFLE, ROCK STEP, TOE-HEEL 2X

- 1&2 Step LF to L, close RF next to LF, step LF to L
- 3, 4 Rock RF behind LF, recover weight on LF
- 5, 6 Touch R toe, touch R heel
- 7, 8 Touch R toe, touch R heel

Option for counts 5-8: swiffle on LF slightly to R side

17-24 DIAGONALLY STEP AND SWIFFLE 2X

- 1, 2 Step RF R diagonally forward, close LF next to RF
- 3, 4 Swiffle both heels to R, swiffle back to centre
- 5, 6 Step LF L diagonally forward, close RF next to LF
- 7, 8 Swiffle both heels to L, swiffle back to centre

25-32 ¼ JAZZBOX, SIDE STEP, CLAP 2X

- 1, 2 Cross RF over LF, step LF behind (start turning ¼ R)
- 3, 4 Step RF to R (whilst finishing turn), cross LF over RF (facing 09:00)
- 5, 6 Step RF to R, close LF next to RF
- 7, 8 Clap in hands 2x

Enjoy!

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